

# 100 DAYS OF SIKH SANJOG RESPONSE TO COVID-19

#### OLDER PEOPLE & SERVICE **USERS**

#### **OVER 500 CALLS MADE**

to the Health & Well-being group members, Youth Group members & Service Users

#### 60 VIDEO CALLS MADE

supporting service users with well-being, housing issues, immigration & an additional 25 families with benefit claims

#### **22 EMERGENCY GRANTS GIVEN OUT**

to financially support families with household shopping

#### 15 PARTNERSHIPS & **NETWORKS ESTABLISHED**

throughout Edinburgh to support each other and service users

# 4 WOMEN PROVIDED WITH POLICE PROTECTION

& support from domestic abuse

5 NEW REFERRALS MADE.

**14 BEFRIENDING CALLS** MADE.

#### 9 WEEKS OF VIRTUAL HEALTH & WELL-BEING **GROUP**

40 women have participated over the duration

#### 3 REFERRALS MADE

for women to attend counseling

# 8 WOMEN PARTICIPATED IN

the Covid-19 tapestry wall collage.

#### **24 WOMEN HAVE TOOK** PART IN THE PLANT **PROJECT**

to encourage positive mental health

#### 4 NEW PARTNERSHIPS **ESTABLISHED**

with Punjabi Junction

600 MEALS PREPARED & PACKED FOR DISTRUBUTION

#### YOUNG PEOPLE & FAMILIES

### 39 FAMILIES ARE NOW WITH **FOOD PARCELS**

includes weekly drops of Asian specific goods & hot meals

#### **II DELIVERIES MADE OF**

medication to families

# 20 FAMILIES HAVE RECEIVED DISTRIBUTION

of bus tickets & face masks

# **16 FAMILIES HAVE RECEIVED** LAPTOPS/TABLETS TO **ALLOW**

communication & homework support

### **2 GROUPS OF STUDENTS** HAVE RECEIVED LINKS TO

temporary work

#### **5 FAMILIES HAVE RECEIVED**

donations of board games, DVDs & books

### **6 SCHOOL UNIFORMS REFERRALS MADE**

#### **24** ACTIVITY BOXES **DELIVERED**

to 24 members of our Youth Group to encourage fun at home

# **14 YOUTH GROUP SESSIONS** VIA ZOOM

to keep our weekly group active and allow our youngsters to stay in touch.

#### **3 VOLUNTEERS HAVE** SIGNED UP

to help with preparing and packing meals